



Run to the Chamber 5K Run/Walk

Saturday ~ November 7, 2015 ~ 4:00 PM

- Benefits:** The community programs of the SouthWest Mobile County Chamber of Commerce
- Organized by:** SouthWest Mobile County Chamber of Commerce
- Location:** SouthWest Mobile County Chamber office located at 5055 Carol Plantation Road, Mobile, AL 36619. Mobile Memorial Gardens at 6100 Three Notch Road, Mobile, AL 36619
- Distance:** 5K course will start and finish at the SouthWest Mobile County Chamber of Commerce office and run through the Mobile Memorial Gardens.
- Registration:** Register by mail (entries should be postmarked by October 31), in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on November 5, or online (<http://runtothechamber2015.eventbrite.com>) until 4 AM November 6. Packet pick-up and race day registration at the Chamber office from 2:30 – 3:45 PM.
- Entry fees:** **Pre-registered: \$20** **Day of Race: \$25**
*Fees include a shirt and post-race pasta dinner
no shirt option – subtract \$3 *Additional pasta dinner ticket - \$5 each
- Awards:** Top male and female Overall and top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75-99.
- Shirts:** To guarantee a shirt on race day, you must submit your application by October 27
- Post-Race:** Post-race pasta dinner on the grounds of the Chamber of Commerce. Awards will be presented at the pasta dinner.

Last Name: _____ **First Name:** _____ **Age:** _____ **Sex:** M F

Address: _____ **City, State & ZIP:** _____

Date of Birth: _____ **Phone:** _____ **Email:** _____

T-Shirt Size: YL S M L XL XXL No Shirt

Pasta Dinner Tickets (\$5 each) : _____ (how many) **Donation to the SWMC Chamber: \$** _____

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Mobile Memorial Gardens, the SWMC Chamber of Commerce, LRH Productions (Margaret Olive), all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event on November 7, 2015, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date _____

(Parent/Guardian must sign for participants under 19)

Make checks payable to: SWMC Chamber of Commerce

Mail completed applications and fees to: SWMC Chamber of Commerce; 5055 Carol Plantation Rd; Mobile, AL 36619